



Join your local NAMI White Mountain AZ Chapter

for a fun 5K walk to

STOMP out STIGMA & Help Raise Awareness to Educate
&

Support those impacted by Mental Health Conditions

Register **HERE** at our Google Form

https://docs.google.com/forms/d/1T8cyFr_Cq5gLEi8GayMG6QE_0-GjCy486fWwlgMThRc/edit

WHEN: MEET us on September 14th, 2024

WHERE: Show Low City Park Old Pavilion

From 9:00am-Noon

FREE Resources available at the event!

Find additional information for FREE local Support Groups & Education
Classes on our website at www.namiwmaz.org

