

CEU's available! (15hrs)

what is the NAMI Basics Education Program for Professionals?

NAMI Basics is a **free**, three session (2 classes per session) program designed for professionals who work with or provide services for children and adolescents with emotional and behavioral difficulties. NAMI Basics helps professionals who work with or provide services for children understand the illnesses that are causing those behavioral difficulties, and the critical role they play in the treatment of those illnesses. The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties prior to age 13.

Session #1 – June 15th, #2 – June 22, #3 - June 29th 2018
9 am to 1 pm

(must attend all sessions to receive credit)

NAMI is now making this program available to specific groups of professional caregivers, to help them understand the impact that mental health conditions have on the youth as well as the family. The information shared in NAMI Basics will equip professional caregivers with unique insights that can enable them to work more collaboratively with families as part of the treatment team. **CEU's available! (15hrs)**



Family Participant Perspectives

“This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all.”

“The course is inclusive of almost all aspects of family and child resources. I could have spent a lifetime getting all this information on my own. I feel supported, strong and ready to go forward.”

“NAMI Basics bridges the gap. It provides help that can't be found in a doctor's office.”

Must Pre-register to attend. Class space is limited

- Call to JOIN the class 928-298-1914

Or email [namiwhitemountains@gmail](mailto:namiwhitemountains@gmail.com)



Crisis Text Line – Text "NAMI" to 741-741

Crisis call lines:

Northern Arizona Crisis Line: 877-756-4090

Veterans Crisis Line: 1-800-273-8255, Press 1

For local classes and support call 928-298-1914

Visit us online at www.namiwmaz.org

Email: NAMIWhiteMountains@gmail.com

Facebook @ NAMI White Mountains AZ

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI White Mountains is an affiliate of NAMI AZ. NAMI White Mountains' dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.